



OBJECTIVE ACTIGRAPHY STUDY IN SLEEP OF CHILDREN WITH INTELLECTUAL DISABILITY AND THEIR SIBLINGS



direct at home sleep assessment of typically developing children

What will the study involve?

We are recruiting typically developing children aged 4-15 years to take part in our sleep study. Children will wear a movement tracker (on their wrist or ankle) day and night which measures activity. The duration of this study is 10 days. Over this time, we will ask parents/ caregivers to keep a record of their child's sleep and behaviour using a sleep diary.



Why should I take part?

Each family will receive an individualised feedback report for each child detailing the outcomes of the study and a £20 Amazon voucher.

How do I take part?

Scan the QR code to be directed to the information sheet. If you choose to consent, the online questionnaires for this study are also available via this link.



What if I have any questions?

If you would like to speak to a member of our research team please contact:
oasis.bham@outlook.com

